

WEDNESDAY 11<sup>th</sup> September 2019

09.00-12.00	<b>Aula Magna - NIC</b> <b>PRE-CONGRESS Workshop 1:</b> Clinical use of the Diagnostic Criteria for Psychosomatic Research - revised Chair: J. Cao (China) Speakers: J. Cao (China), A. Eory (Hungary), G.A. Fava (Italy, US), S. Gostoli (Italy)  <b>Sponsored by GRP</b>	<b>Sifneos Room (Room 7) - NIC</b> <b>PRE-CONGRESS Workshop 2:</b> Clinical use of rating scales Chair: S.D. Østergaard (Denmark) Speakers: S.P. Straszek (Denmark), S.B. Møller (Denmark), K.S. Christensen (Denmark), D. Carrozzino (Italy), S.D. Østergaard (Denmark), M. Pio de Almeida Fleck (Brazil)	<b>Kellner Room (Room 8) - NIC</b> <b>PRE-CONGRESS Workshop 3:</b> Burn out Speaker: M. Linden (Germany)	<b>Lipowski Room (Room 10) - NIC</b> <b>PRE-CONGRESS Workshop 4:</b> Cognitive Behavioral Analysis System of Psychotherapy (CBASP) for the treatment of chronic depression Speakers: E.L. Brakemeier (Germany), I. Schamong (Germany)	<b>Engel Room (Room 9) - NIC</b> <b>PRE-CONGRESS Workshop 5:</b> The clinical approach in psychodermatology Chairs: D. Linder (Austria, Israel), U. Gieler (Qatar), C. Fazekas (Austria) Speakers: U. Gieler (Qatar), T. Gieler (Germany), T. Lahousen-Luxenberger (Austria), L. Tomas-Aragones (Spain), D. Linder (Austria, Israel)	<b>Kissen Room (Room 11) - NIC</b> <b>PRE-CONGRESS Workshop 6:</b> Family therapy Speaker: G. Keitner (US)		
12.00-14.00	REGISTRATION (Auditorium) / POSTER EXHIBITION (Auditorium)							
14.00-15.00	OPENING CEREMONY (Auditorium)							
15.00-16.00	<b>Plenary Lecture 1 (Auditorium):</b> The strength of psychosomatic medicine Chair: A. Barbosa (Portugal). Speaker: G.A. Fava (Italy, US)  <b>Sponsored by GRP</b>							
16.00-16.30	POSTER EXHIBITION (Auditorium)/BREAK							
16.30-18.00	<b>Auditorium</b>	<b>Aula Magna - NIC</b>	<b>Sifneos Room (Room 7) - NIC</b>	<b>Kellner Room (Room 8) - NIC</b>	<b>Lipowski Room (Room 10) - NIC</b>	<b>Engel Room (Room 9) - NIC</b>	<b>Kimball Room (Room 2) - NIC</b>	<b>Kissen Room (Room 11) - NIC</b>
	<b>Symposium 1:</b> Embitterment, underrecognized in psychiatry and psychosomatic medicine Chairs: M. Linden (Gemrnay), H. Znoj (Switzerland) Speakers: H. Znoj (Switzerland), M.G. Nanni (Italy), M. Linden (Germany), E. Michailidis (UK)	<b>Symposium 2:</b> The clinimetric approach to rating scales: a Tribute to Per Bech Chairs: G.A. Fava (Italy, US), M. Pio de Almeida (Brazil) Speakers: R.W. Licht (Denmark), K. S. Christensen (Denmark), S.D. Østergaard (Denmark), M. Pio de Almeida Fleck (Brazil), S.B. Møller (Denmark), D. Carrozzino (Italy)	<b>Symposium 3:</b> Early life stress in affective disorders: looking for markers of impact on body and brain Chairs: A. Young (UK), B. Etain (France) Speakers: B. Etain (France), M. Aas (Norway), M.F. Juruena (UK), A. Young (UK)	<b>Symposium 4:</b> Psychosomatics matters: stress and medically unexplained complaints Chairs: R.J. van der Gaag (Latvia-The Netherlands), G. Ancane (Latvia) Speakers: G. Ancane (Latvia), B. Palmowski (Germnay), C. Fazekas (Austria), R.J. van der Gaag (The Netherlands)	<b>Symposium 5:</b> Multidimensional approaches in psycho-oncology Chairs: C. Simionato (Italy), L. Del Piccolo (Italy) Speakers: D. Agresta (Italy), L. Merati (Italy), A. Suman (Italy), M. Paroli (Italy)  <b>Sponsored by SIMP</b>	<b>Symposium 6:</b> Tapping Touch – a holistic care method: its empirical research and clinical practice Chairs: I. Nakagawa (Japan), Y. Fukui (Japan) Speakers: I. Nakagawa (Japan), Y. Fukui (Japan), S.I. Oura (Japan), Y. Nakagawa (Japan)  <b>Sponsored by The Association of Tapping Touch</b>	<b>Symposium 7:</b> Parental burnout: a condition that deserves urgent attention Chairs: M. Mikolajczak (Belgium), C. Vazquez (Spain)  Speakers: M. Sorkkila (Finland), M.O. Mikolajczak (Belgium), A. Sarrionandia (Spain), M.E. Brianda (Belgium)	<b>Symposium 8:</b> Spirituality in palliative care Chairs: P. Chandra (India), A. Vespa (Italy) Speakers: P. Chandra (India), S. Chaturvedi (India), J. Gielen (US), A. Vespa (Italy)
18.00-18.15	Musical entertainment (Auditorium)							
18.15-19.30	WELCOME RECEPTION (Auditorium)							

	Auditorium	Aula Magna - NIC	Sifneos Room (Room 7) - NIC	Kellner Room (Room 8) - NIC	Lipowski Room (Room 10) - NIC	Engel Room (Room 9) - NIC	Kimball Room (Room 2) - NIC	Kissen Room (Room 11) - NIC
09.00-10.30	<p><b>Symposium 9:</b></p> <p>Tackling irritable bowel syndrome (IBS), an interdisciplinary perspective Chairs: B. Coffin (France), S. Zipfel (Germany) Speakers: B. Coffin (France) N. Mazurak (Germany), S. Zipfel (Germany)</p>	<p><b>Symposium 10:</b></p> <p>Updates on the Diagnostic Criteria for Psychosomatic Research (DCPR) Chairs: J. Cao (China), P. Leombruni (Italy) Speakers: A. Woźniewicz (Poland), J. Cao (China), A. Eőry (Hungary), C. Conti (Italy)</p>	<p><b>Symposium 11:</b></p> <p>The long shadow of early life stress Chairs: H. Karlsson (Finland), H. Grabe (Germany) Speakers: J. Kajanoja (Finland), H. Grabe (Germany), J. Terock (Germany), H. Karlsson (Finland)</p>	<p><b>Symposium 12:</b></p> <p>Impact of functioning, disability and health in clinical and non-clinical contexts Chairs: L. Grassi (Italy), M. Linden (Germany) Speakers: M. Linden (Germany), M. Balestrieri (Italy), D. Laera (Italy)</p> <p><b>Sponsored by WPA Section on Psychiatry, Medicine and Primary Care</b></p>	<p><b>Symposium 13:</b></p> <p>The Moving Seminar (MOSE) - building up trust Chairs: W. Schüffel (Germany), A. Schueler-Schneider (Germany) Speaker: M. Langer (Germany)</p>	<p><b>(9.30 -10.30) Workshop 1:</b></p> <p>To communicate, interact and make decision when dealing with a serious illness: the Advance Care Planning (ACP) communication tool. Results from the European ACTION trial on ACP in oncology Chairs: T. Sensky (UK), F. Ingravallo (Italy) Speakers: F. Ingravallo (Italy), A. Toccafondi (Italy)</p>	<p><b>(9.30-10.30) Workshop 2:</b></p> <p>Using experiential group work to promote self-care and health behavior Chair: S. Haramati (Israel) Speakers: S. Haramati (Israel), A. Cohen (Israel)</p>	<p><b>(9.30-10.30) Case presentation 1:</b></p> <p>Successful treatment of a treatment resistant depressed diabetic patient with borderline personality traits Chair: L. Lencioni (US) Discussants: D. Kawagoe (US), L. Whitworth (US) Speaker: V. Leigh (US)</p>
10.30 – 11.00	POSTER EXHIBITION (Auditorium) /BREAK							
11.00-12.30	<p><b>Update lecture 1:</b></p> <p>Chairs: J. Fiedorowicz (US), G. Keitner (US)</p> <p>The quality of the psychotherapy relationship is correlated to outcome, but how helpful is this finding? Speaker: F. Caspar (Switzerland)</p> <p><b>Sponsored by IFP</b></p> <p>A psychiatrist among surgeons: cardiac surgery as a research paradigm for testing hypotheses about late life neuropsychiatric symptoms. Speaker: H.B. Lee (US)</p>	<p><b>Symposium 14:</b></p> <p>Reappraisal of alexithymia in current clinical practice Chairs: M. Bagby (Canada), S. Chaturvedi (India) Speakers: M. Bagby (Canada), C. Conti (Italy), K. Sagar (India), G. Desai (India)</p>	<p><b>Symposium 15:</b></p> <p>Dynamics of positive affect regulation and health Chairs: A. Ong (US), J. Moskowitz (US) Speakers: N. Roque (US), A. Ong (US), J. Moskowitz (US), C. Vazquez (Spain), C. Valiente (Spain)</p>	<p><b>Symposium 16:</b></p> <p>Sonno e psiche: tra neuroplasticità e psicosomatica Chairs: L. Grassi (Italy), P. Girardi (Italy) Speakers: A. Minervino (Italy), G. Biggio (Italy), L. Nobili (Italy), L. Palagini (Italy), P. Girardi (Italy)</p> <p><b>Sponsored by SIMP and GRP</b></p> <p><b>(In Italian)</b></p>	<p><b>Symposium 17:</b></p> <p>Psychodermatology: a new frontier in psychosomatic medicine Chairs: M. Jafferany (US), L. Tomas-Aragones (Spain) Speakers: M. Jafferany (US), L. Tomas-Aragones (Spain), L. Mostaghimi (US), A. Miranda-Sivelo (Spain)</p>	<p><b>Symposium 18:</b></p> <p>Early life exposure to unpredictable maternal signals influences child development Chairs: R. Korja (Finland), E. Holmberg (Finland) Speakers: E. Eskola (Finland), E. Nordenswan (Finland), E. Holmberg (Finland), R. Korja (Finland)</p>	<p><b>(11.00-12.00) Workshop 3:</b></p> <p>Traditional and current approaches in Balint groups Chair: A. Suman (Italy) Speakers: S. Grassi (Italy), P. Palumbo (Italy)</p> <p><b>(In Italian)</b></p>	<p><b>(11.00-12.00) Case presentation 2:</b></p> <p>Childbirth experience and psychosomatic challenges Chair: M. Riba (US) Discussant: G. Maina (Italy) Speaker: M. Lal (UK)</p>
12.00-14.00	POSTER EXHIBITION (Auditorium) / LUNCH (Auditorium)							

13.30-15.00	<p><b>Symposium 19:</b></p> <p>Limits of antidepressant use in anxiety and obsessive-compulsive disorder Chairs: A.E. Nardi (Brazil), E. Silberman (US) Speakers: A.E. Nardi (Brazil), U. Albert (Italy), E. Silberman (US), F. Cosci (Italy)</p>	<p><b>Symposium 20:</b></p> <p>Living the good life with a disability: well being and the foundational principles of rehabilitation psychology Chairs: B. Nierenberg (US), D. Rohe (US) Speakers: D. Dunn (US), S. Wegener (US), D. Rohe (US), B. Nierenberg (US)</p>	<p><b>Symposium 21:</b></p> <p>Psychosocial implications in cancer care Chairs: M. Riba (US), J.M. de Figueiredo (US) Speakers: M. Riba (US), R. Caruso (Italy), P. Leombruni (Italy), L. Grassi (Italy)</p> <p><b>Sponsored by WPA Section on Psycho-Oncology and Palliative Care, WPA Section on Psychiatry, Medicine &amp; Primary care</b></p>	<p><b>Symposium 22:</b></p> <p>Psychosomatics in the perspective of Chaos and complexity science: an interdisciplinary approach to evaluate psychosomatic factors affecting patients with medical disorders Chairs: M. Fulcheri (Italy), D. Dumitrascu (Romania) Speakers: G. Paoloni (Italy), C. Ciuluvica (Italy), D. Dumitrascu (Romania), P. Amerio (Italy)</p> <p><b>Sponsored by AIP</b></p>	<p><b>(14.00-15.00) Workshop 4:</b></p> <p>Psychosomatic aspects of gastroenterology Chair: S.B. Møller (Denmark) Speaker: T. Sensky (UK)</p>	<p><b>(14.00 -15.00) Workshop 5:</b></p> <p>Different ways to take care of pain and suffering in chronic illness: painting, writing ones live story, narrative medicine and visualizations. Chair: T. Sivik (Sweden) Speakers: M.P. Urbani (Italy), M.R. Zigliani (Italy), G. Chiarini (Italy), T. Sivik (Sweden)</p> <p><b>(In Italian)</b></p>	<p><b>(14.00-15.00) Case presentation 3:</b></p> <p>Patients with incestuous dreams – the unsolved oedipal conflict – Patrick Swayze and a law student Chair: W. Schüffel (Germany) Discussant: M. Langer (Germany) Speaker: A. Schueler-Schneider (Germany)</p>	<p><b>(14.00-15.00) Case presentation 4:</b></p> <p>The womb and the wheelchair- dissociation in the postpartum period Chair: G. Maina (Italy) Discussants: A. Bramante (Italy), R. Sagar (India) Speaker: P. Chandra (India)</p>
15.00-15.30	<b>POSTER EXHIBITION (Auditorium) /BREAK</b>							
15.30-17.00	<p><b>Update lecture 2:</b></p> <p>Chairs: A. Barbosa (Portugal), C. Kubo (Japan)</p> <p>Psychobiology in anorexia nervosa Speaker: S. Zipfel (Germany)</p> <p>Psychosomatic issues in endocrinology Speaker: N. Sonino (Italy)</p>	<p><b>(15.00-16.30) Symposium 23:</b></p> <p>Hot-spots in psychotraumatology: conceptual changes and empirical findings about ICD-11 stress-related disorders Chairs: V. Köllner (Germany), A. Maercker (Switzerland) Speakers: V. Köllner (Germany) &amp; J. Baumann (Germany), A. Maercker (Switzerland), L. Brenner (Germany), R. Bachem (Israel)</p>	<p><b>Symposium 24:</b></p> <p>Clinically used standardized psychometric assessment of pharmacologically induced altered states of consciousness (ASCs): state of the art and quo vadis? Chairs: K. Stocker (Switzerland), M. Liechti (Switzerland) Speakers: M. Liechti (Switzerland), P. Vizeli (Switzerland), P. Oehen (Switzerland), K. Stocker (Switzerland)</p>	<p><b>Symposium 25:</b></p> <p>Pain rehabilitation treatment with complex populations Chairs: W.P. Gilliam (US), J.A. Sperry (US) Speakers: J.A. Sperry (US), T.D. Schneekloth (US), L.A. Sim (US), W.P. Gilliam (US)</p>	<p><b>Symposium 26:</b></p> <p>psychopathology of pregnancy and puerperium – glimpses from India and Italy Chairs: P. Chandra (India), G. Maina (Italy) Speakers: A. Bramante (Italy), V. Brenna (Italy), G. Maina (Italy) &amp; G. Rosso (Italy), G. Desai (India)</p>	<p><b>Symposium 27:</b></p> <p>Affective neuroscience for psychosomatics Chairs: L. Grassi (Italy), M. Farinelli (Italy) Speakers: V. Colonnello (Italy), D. Cutuli (Italy), C. Romaniello (Italy), G. Leonardi (Italy)</p>	<p><b>(15.30-16.30) Workshop 6:</b></p> <p>Tapping Touch - a holistic care method: psycho-somatic experience of human care Chairs: Y. Fukui (Japan), M. Rus Makovec (Slovenia) Speaker: I. Nakagawa (Japan)</p> <p>How can doctors and patients tolerate uncertainty of functional disorders better: psychiatric and systemic psychotherapeutic perspective Speaker: M. Rus Makovec (Slovenia)</p>	<p><b>(15.30-16.30) Case presentation 5:</b></p> <p>The unnamed symptom: a psychosomatic approach Chair: A. Barbosa (Portugal) Discussants: T. Sivik (Sweden), J.M. de Figueiredo (US) Speaker: F. Barbosa (Portugal)</p>
17.00-18.30	<p><b>Symposium 28:</b></p> <p>Psychosocial palliative care: optimal care and strategy implementation Chairs: L. Grassi (Italy), P. Leombruni (Italy) Speakers: G. Rodin (Canada), R. Caruso (Italy), A. Menhert (Germany), M. Miniotti (Italy)</p>	<p><b>(16.30-17.30) Symposium 29:</b></p> <p>Cultura e prassi della psicosomatica: un tributo a Massimo Rosselli Chairs: A. Minervino (Italy), P.M. Martellucci (Italy) Speakers: A. Minervino (Italy), P.M. Martellucci (Italy), A. Toccafondi (Italy)</p>	<p><b>Symposium 30:</b></p> <p>Personality and disease Chairs: F. Galli (Italy), V. Lingiardi (Italy) Speakers: M.R. Bagby (Canada), V. Tesio (Italy), T. Boldrini (Italy), F. Galli (Italy)</p>	<p><b>Symposium 31:</b></p> <p>Up-to-date aspects of microbiome, brain-gut interactions and irritable bowel syndrome Chairs: S. Fukudo (Japan), D. Dumitrascu (Romania) Speakers: S. Fukudo (Japan), N. Sudo (Japan), D. Dumitrascu (Romania)</p>	<p><b>Symposium 32:</b></p> <p>Brain imaging studies in psychosomatic medicine Chairs: Y. Sato (Japan), K. Yoshihara (Japan) Speakers: Y. Hamamoto (Japan), Y. Sato (Japan), K. Yoshihara (Japan), A. Sekiguchi (Japan)</p>	<p><b>Symposium 33:</b></p> <p>From body to mind: a multidisciplinary perspective about body image in obesity Chairs: M. Zampini (Italy), F. Scarpina (Italy) Speakers: M. Zampini (Italy), F. Scarpina (Italy), C. Malighetti</p>	<p><b>(17.00-18.00) Workshop 7:</b></p> <p>Clonazepam treatment of atrial fibrillation in panic anxiety patients: an eleven case series Chair: A.E. Nardi (Brazil), Speaker: J.P. Kahn (US)</p>	<p><b>(17.00-18.00) Case presentation 6:</b></p> <p>Migration and psychosomatic impact of bad obstetric history. Chair: C. Maggioni (Italy) Discussant: G. Desai (India) Speaker: M. Lal (UK)</p>

	Sponsored by WPA Section on Psycho-Oncology and Palliative Care, WPA Section on Psychiatry, Medicine & Primary care	Sponsored by GRP, Istituto Formazione Psicosomatica "Massimo Rosselli", SIMP, SIPT  (In Italian)  (17.30-18.30) <b>Witnesses</b> Chair: A. Allamani (Italy)  (In Italian)  (18.30-19.00) <b>Trust Sirigatti Award</b>  (In Italian)				(Italy), G. Pietrabissa (Italy)		
19.30	Congress Dinner at Villa Finaly (not included in the fee of the congress)							

**FRIDAY 13<sup>th</sup> September 2019**

	Auditorium	Aula Magna - NIC	Sifneos Room (Room 7) - NIC	Kellner Room (Room 8) - NIC	Lipowski Room (Room 10) - NIC	Engel Room (Room 9) - NIC	Kimball Room (Room 2) - NIC	Kissen Room (Room 11) - NIC
8.00-9.00	<b>Workshop 8:</b>  Transcultural Eastern-Western case discussion group Chair: H.C. Deter (Germany) Speakers: H.C. Deter (Germany), M. Murakami (Japan)	<b>Workshop 9:</b>  prescribing exercise to optimize treatment outcomes: rationale and strategies Speakers: J. Smits (US)	<b>Workshop 10:</b>  Just use SAFER (Short Applications of Functional and Emotional Relaxation) in psychosomatic primary care Chair: T.H. Loew (Germany) Speakers: T.H. Loew (Germany), B. Leinberger (Germany)	<b>Workshop 11:</b>  The Vital Parenting Tasks (VPT): parent-child psychotherapy for children and adolescents presenting with psychosomatic symptoms Speaker: L. Jäderberg, (UK)	<b>Workshop 12:</b>  The psychosomatic factors in chronic medically ill Chair: H.C. Deter (Germany) Speakers: H.C. Deter (Germany), M. Rimondini (Italy)	<b>Case presentation 7:</b>  Carmen's dreams. a dyadic process as a co-creative experience Chair: A. Suman (Italy) Discussants: G. Chiarini (Italy), M.R. Zigliani (Italy) Speaker: S. Grassi (Italy)  <b>(In Italian)</b>	<b>Workshop 13:</b>  Compassion embodied toolbox Chair: T. Sivik (Sweden) Speaker: E. Bojner Horwitz (Sweden)	<b>(8.00-9.30)</b> <b>Workshop 14:</b> Somatosensory amplification in fibromyalgia Speaker: A. Ciaramella (Italy)  Converting a physical health consultation into a psychological based consultation. Speaker: M. Capek (UK)  Providing effective patient-centred care through clinical psychosomatic methods Speaker: M. Lal (UK)
09.00-10.30	<b>Update lecture 3:</b>  Chairs: M. Biondi (Italy), V. Starcevic (Australia)  The loss of meaning in psychosomatic medicine: challenges and solutions Speaker: G. Rodin (Canada)  Computer-assisted psychotherapy: can computer technology	<b>Symposium 34:</b>  The future of psychosomatic education in a changing world Chairs: H. Leigh (US), B. McGee (US) Speakers: W. Schüffel (Germany), G. Ancane (Latvia), B.W. Choi (US), B. Nair (US)	<b>Symposium 35:</b>  New frontiers in the assessment of emotional dysregulation in psychosomatic disorders Chairs: R.M. Bagby (Canada), F. Baldoni (Italy) Speakers: R.M. Bagby (Canada), A. Schimmenti (Italy), V. Caretti (Italy), F. Baldoni (Italy)	<b>Symposium 36:</b>  Traditional Chinese medicine in psychosomatic medicine Chairs: M-W. Wang (China), C. Kubo (Japan) Speakers: P. Zhao (China), Y. Mei (China), F.-Q. Xu (China), R-j. Guo (China)  <b>Sponsored by CSPM</b>	<b>Symposium 37:</b>  Different approaches to the treatment of pain and suffering Chairs: T. Sivik (Sweden), A. Suman (Italy) Speakers: T. Sivik (Sweden), A. Suman (Italy), G. Chiarini (Italy), M.R. Zigliani (Italy), M.A. Santoro Bellini (Italy)  <b>(In Italian)</b>	<b>Symposium 38:</b>  La relazione come fattore terapeutico Chairs: L. Grassi (Italy), A. Minervino (Italy) Speakers: A. Minervino (Italy), L. Grassi (Italy), M. Farinelli (Italy), L. Fadiga (Italy)  <b>Sponsored by SIMP, SIPC, GRP, ASILS</b>  <b>(In Italian)</b>	<b>Symposium 39:</b>  The diagnosis and treatment of psychosomatic medicine in China Chairs: A. Wu (China), Y. Yuan (China) Speakers: A. Wu (China), Y. Yuan (China), D. Yunlong (China), Y. Zhang (China)  <b>Sponsored by CSPM</b>	<b>(09.30-10.30)</b> <b>Case presentation 8:</b>  Rumination-focused Cognitive Behaviour Therapy for a case of problematic anger and angry rumination: a single subject case description Chair: T. Sensky (UK) Discussants: E. Tomba (Italy), D. Carrozzino (Italy)

	enhance treatment delivery? Speaker: J. Wright (US)							Speaker: S.B. Møller (Denmark)  <b>Sponsored by GRP</b>
10.30 – 11.00	<b>POSTER EXHIBITION (Auditorium) / BREAK</b>							
11.00 – 12.00	<b>Plenary Lecture 2 (Auditorium):</b>  Current perspectives in psychosomatic medicine Chair: K.B. Koh (Korea). Speaker: F. Cosci (Italy)  <b>Sponsored by GRP</b>							
12.00-13.00	<b>General Assembly (for ICPM members only)</b> Auditorium							
13.00-14.00	<b>Update lecture 4:</b>  Chairs: W. Söllner (Germany), C. Vazquez (Spain)  CBASP for the treatment of persistent depression: presentation of the approach as well as positive and negative effects. Speaker: E.L. Brakemeier (Germany)  Psychosomatic theory of science. Speaker: T. Sivik (Sweden)	<b>Workshop 15:</b>  History of psychosomatic medicine as scientifically based medicine in Europe: approaching the experience Chair: G. Nasra (US) Speaker: W. Schüffel (Germany)	<b>Meet the Editor and the Editorial Office of Psychotherapy and Psychosomatics</b> G.A. Fava (Italy, US), F. Cosci (Italy), E. Tomba (Italy)	<b>Workshop 16:</b>  Neuromodulation in psychosomatics Chair: Y. Wang (China) Speakers: Y. Wang (China), H. Wang (China), H. Liu (US)	<b>Book presentation: “Person Centered Approach to Recovery in Medicine”</b> Editors: L. Grassi (Italy), M. Riba (US), T. Wise (US)	<b>Workshop 17:</b>  The ritual catharsis: a condition of psychic restore in different cultures Chair: F. Barbagelata (Italy) Speakers: F. Barbagelata (Italy), G. Brundusino (Italy), S. Cagiada (Italy), G. Colciaghi (Italy)  <b>Sponsored by SIMP</b>	<b>Workshop 18:</b>  Integrated care approaches to addressing depression in individuals with unmet social needs Chair: M. Wittink (US) Speakers: E. Poleshuck (US), C. Cerulli (US)	<b>Case presentation 9:</b>  “Maybe the food, maybe my head”: psychosomatic experience, a paradigmatic clinical case Chair: D. Telles-Correia (Portugal) Discussants: E. Fernandes (Portugal), F. Barbosa (Portugal) Speaker: L. Castanheira (Portugal)
12.00-14.00	<b>POSTER EXHIBITION (Auditorium) / LUNCH (Auditorium)</b>							
14.00-15.30	<b>Update lecture 5:</b>  Chairs: E. Silberman (US), J.M. de Figueiredo (US)  Time for reappraisal: the use of benzodiazepines in psychosomatic medicine Speaker: R. Balon (US)  Cardiovascular psychosomatics Speaker: C. Rafanelli (Italy)	<b>Symposium 40:</b>  Application of Yoga Therapy in the fields of psychosomatic medicine and psychiatry Chairs: C. Kubo (Japan), K.K. Kimura (Japan) Speakers: K.K. Kimura (Japan), M. Kamata (Japan), A. Nakata (Japan), A. Choi-Hantke (Korea)  <b>Sponsored by Japan Yoga Therapy Society</b>	<b>Symposium 41:</b>  Clinimetric approach in the assessment of eating disorders: implications for treatment planning Chairs: E. Tomba (Italy), R. Schumann (Italy) Speakers: R. Schumann (Italy), F. Junne (Germany), L. Tecuta (Italy), E. Tomba (Italy)	<b>Symposium 42:</b>  Diagnosis, comorbidity and complications in somatoform and functional disorders Chairs: B. Löwe (Germany), W. Söllner (Germany) Speakers: J.G. Fiedorowicz (US), C. Pieh (Austria), P. Fink (Denmark), B. Löwe (Germany)  <b>Sponsored by EAPM</b>	<b>Symposium 43:</b>  From psychosomatics to liaison psychiatry in research and clinical practice Chairs: D. Telles-Correia (Portugal), G. Mattei (Italy) Speakers: F. Barbosa (Portugal), P. Zuzarte (Portugal), C. Alves Moreira (Portugal), G. Mattei (Italy)	<b>Symposium 44:</b>  Insomnia e conseguenze in medicina Chairs: A. Minervino (Italy), C. Simionato (Italy) Speakers: F. Spinogatti (Italy), F. Giannetti (Italy), M. Farinelli (Italy), M. Carini (Italy), A. La Russa (Italy)  <b>Sponsored by SIMP</b>  <b>(In Italian)</b>	<b>Symposium 45:</b>  Psychosomatic primary care: experiences with the transfer of established concepts to situations under difficult circumstances Chairs: T.H. Loew (Germany), B. Leinberger (Germany) Speakers: T.H. Loew (Germany), B. Leinberger (Germany), I. Montanari (Germany), L. Del Placolo (Italy)	<b>Symposium 46:</b>  Well-being and psychological distress in chronic illness Chairs: M.G. Nanni (Italy), L. Iani (Italy) Speakers: L. Iani (Italy), M.G. Nanni (Italy), C. Grano (Italy), S. Gostoli (Italy)
15.30-16.00	<b>POSTER EXHIBITION (Auditorium) / BREAK</b>							
16.00-17.30	<b>Symposium 47:</b>  Update on benzodiazepines: novel findings, old controversies	<b>Symposium 48:</b>  From the community to the bedside: innovative research on demoralization	<b>Symposium 49:</b>  New applications of Well-Being Therapy Chairs: G.A. Fava (US), J.H. Wright (US)	<b>Symposium 50:</b>  Bringing the biopsychosocial approach into the 21st century: collaboration,	<b>Symposium 51:</b>  Treatment of patients with eating disorders using CBT-E/CBT-OB in the real-world settings in Japan and Italy	<b>Symposium 52:</b>  Determinants and trajectories of somatoform and functional disorders	<b>Symposium 53:</b>  Perspectives in psychosomatic medicine - integration through	<b>Symposium 54:</b>  The diversity of clinical psychosomatic medical practice

	Chairs: V. Starcevic (Australia), R. Balon (US) Speakers: R. Balon (US), A.E. Nardi (Brazil), V. Starcevic. (Australia), E. Silberman (US)	Chairs: J.M. de Figueiredo (US), C. Rafanelli (Italy) Speakers: R. Kohn (US), L. Grassi (Italy), J. M. de Figueiredo (US), A. Mehnert-Theuerkauf (Germany)	Speakers: J. Guidi (Italy), E.L. Brakemeier (Germany), B. Nierenberg (US), P. Meulenbeek (The Netherlands)	integration, and technology Chairs: S. McDaniel (US), G. Nasra (US) Speakers: G. Nasra (US), T. Rosenberg (US), H.B. Lee (US), J. Richman (US)	Chairs: K. Yoshiuchi (Japan), R. Dalle Grave (Italy) Speakers: K. Yoshiuchi (Japan), S. Takakura (Japan), T. Yamazaki (Japan), R. Dalle Grave (Italy)	Chairs: P. Fink (Denmark), B. Löwe (Germany) Speakers: C. van der Feltz-Cornelis (UK), C. Leue (The Netherlands), C. Lahmann (Germany), S. Kohlmann (Germany), M.W. Petersen (Denmark) <b>Sponsored by EAPM</b>	interaction and networking Chairs: H.C. Deter (Germany), C. Kubo (Japan) Discussant: H. Leigh (US) Speakers: C. Kubo (Japan), H.C. Deter (Germany), R. Verissimo (Portugal), D. Dumitrascu (Romania)	Chairs: M. Lal (UK), V. Dorairaj (India) Speakers: M. Lal (UK), V. Dorairaj (India), C. Maggioni (France), M. Lal (UK)
17.30 – 18.00	<b>CLOSING CEREMONY (Auditorium)</b>							